

# Yohome Massage & Myotherapy

## Infection Control Policy

### 1. Purpose

We are committed to providing a safe and hygienic environment for all clients and staff, in compliance with the Public Health and Wellbeing Act 2008 (VIC) and the Health Records Act 2001.

### 2. Hygiene Standards

- Therapists wash and sanitise hands before and after each treatment.
- Treatment tables, face cradles, and equipment are disinfected between clients.
- Fresh linen and towels are used for every client.
- All oils/lotions are dispensed to prevent cross-contamination.

### 3. Personal Protective Equipment (PPE)

- Masks and gloves are available if clinically indicated or upon client request.
- Therapists maintain professional attire and hygiene at all times.

### 4. Infection Prevention

- Clients with fever, contagious illness, or skin infections may be rescheduled.
- Waste (including disposable items, tissues, gloves) is disposed of in lined bins.
- Sharp items (e.g., needles for dry needling) are disposed of in approved sharps containers.

### 5. Staff Training

- All therapists are trained in first aid, hygiene protocols, and infection control.
- Procedures are reviewed regularly in line with government guidelines.

### 6. Client Rights

Clients have the right to:

- Request therapists to wear PPE.
- Ask about our infection control practices.
- Decline or postpone treatment if they feel unwell.

### 7. Review & Compliance

This policy is reviewed annually, or earlier if public health advice changes (e.g., during pandemics).

#### Client Acknowledgement

I have read and understood Yohome's Infection Control Policy.

Client Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_